



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>MORNING SNACK</i>	PANCAKES WITH SPREAD	BREADSTICKS WITH SOFT CHEESE AND FRESH FRUIT	SELECTION OF CEREAL	BANANA LOAF	RICE CAKES WITH NATURAL YOGHURT AND FRESH FRUIT
<i>LUNCH</i>	CHICKEN CURRY WITH RICE AND VEGETABLES	HOME-MADE BEEF BURGERS WITH MASHED POTATO AND BEANS	PORK SAUSAGE WITH MASHED POTATO, PEAS, AND GRAVY	PENNE PASTA SERVED WITH ITALIAN TOMATO SAUCE AND VEGETABLES	FISH GOUJONS WITH MASHED POTATO AND BEANS
<i>MID- AFTERNOON SNACK</i>	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT
<i>LATE AFTERNOON SNACK</i>	SELECTION OF WRAPS WITH SALAD	SELECTION OF PANINIS WITH SALAD	SELECTION OF WHOLEMEAL SANDWICHES WITH SALAD	SELECTION OF FILLED PITTA BREADS WITH SALAD	SELECTION OF FILLED BAGELS WITH SALAD

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>MORNING SNACK</i>	GINGERBREAD LOAF	CRACKERS AND CREAM CHEESE	RICE CAKES WITH NATURAL YOGHURT AND FRESH FRUIT	BLUEBERRY MUFFIN	WHOLEMEAL TOAST WITH FRESH FRUIT
<i>LUNCH</i>	PASTA BOLOGNESE AND VEGETABLES	FISH ENCHILADAS WITH RICE AND VEGETABLES	PORK MEATBALL, PASTA IN TOMATO SAUCE WITH BROCCOLI	CHICKEN GOJONS WITH MASHED POTATO AND BEANS	PENNE PASTA SERVED WITH HOMEMADE CHEESE SAUCE AND VEGETABLES
<i>MID- AFTERNOON SNACK</i>	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT
<i>LATE AFTERNOON SNACK</i>	SELECTION OF PANINIS WITH SALAD	SELECTION OF WHOLEMEAL SANDWICHES WITH SALAD	SELECTION OF FILLED WRAPS WITH SALAD	SELECTION OF FILLED BAGELS WITH SALAD	SELECTION OF FILLED PITTA BREADS WITH SALAD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>MORNING SNACK</i>	RICE CAKES WITH NATURAL YOGHURT AND FRESH FRUIT	PANCAKES WITH SPREAD	BREADSTICKS WITH SOFT CHEESE AND FRESH FRUIT	SELECTION OF CEREALS	BANANA LOAF
<i>LUNCH</i>	FISH GOUJONS WITH MASHED POTATO AND BEANS	CHICKEN CURRY WITH RICE AND VEGETABLES	HOME-MADE BEEF BURGERS WITH MASHED POTATO AND BEANS	PORK SAUSAGE WITH MASHED POTATO, PEAS, AND GRAVY	PENNE PASTA SERVED WITH ITALIAN TOMATO SAUCE AND VEGETABLES
<i>MID- AFTERNOON SNACK</i>	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT	SEASONAL MIXED FRUIT
<i>LATE AFTERNOON SNACK</i>	SELECTION OF FILLED BAGELS WITH SALAD	SELECTION OF WRAPS WITH SALAD	SELECTION OF PANINIS WITH SALAD	SELECTION OF WHOLEMEAL SANDWICHES WITH SALAD	SELECTION OF FILLED PITTA BREADS WITH SALAD