



WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	CRACKERS AND SOFT CHEESE	NATURAL YOGURT AND RASPBERRIES	FRUIT SCONE WITH SPREAD	RICE CAKES WITH MELON	CARROT AND CUCUMBER STICKS WITH HUMOUS
LUNCH	FISH KORMA & RICE WITH MIXED VEGETABLES	PORK MEATBALL PASTA IN TOMATO AND BASIL SAUCE WITH BROCCOLI	SALSA TOPPED CHICKEN WITH ROASTED PEPPER RICE	CHEESE AND LEEK PASTA BAKE AND CARROTS	MINCE, TURNIP, AND POTATOES
ALWAYS AVAILABLE	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER
MID AFTERNOON SNACK	TEA CAKE AND SPREAD	WHOLMEAL TOAST WITH BANANA	OAT CAKES WITH CHEESE CHERRY TOMATOES	YOGURT AND STRAWBERRIES	APPLE AND CINNAMON LOAF
LATE AFTERNOON SNACK	SELECTION OF WHOLMEAL SANDWICHES	SELECTION OF WRAPS & SALAD	BAGELS WITH SOFT CHEESE & VEGETABLE PATE	SELECTION OF FILLED PITTA BREADS WITH SALAD	SWEET POTATO SOUP WITH CRUSTY BREAD



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	PANCAKES WITH SPREAD	OATCAKES AND SOFT CHEESE	CARROT AND CUCUMBER STICKS WITH HUMOUS DIP	CRACKERS AND CHEESE	YOGURT WITH PINEAPPLE FINGERS
LUNCH	CHICKEN CURRY WITH MIXED VEGETABLE RICE	BEEF LASAGNE WITH CUCUMBER AND SPINACH SALAD	PORK SAUSAGE WITH MASHED POTATO, PEAS, AND GRAVY	POTATO AND LEEK SOUP WITH CRUSTY BREAD	SMOKED HADDOCK PIE WITH CRUSHED NEW POTATOES AND SWEETCORN
ALWAYS AVAILABLE	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER
MID AFTERNOON SNACK	YOGURT WITH APPLE WEDGES	BANANA MUFFIN	FRUIT SCONE AND SPREAD	CRUMPETS WITH MIXED BERRIES	GINGERBREAD LOAF
LATE AFTERNOON SNACK	SELECTION OF WRAPS WITH SALAD	VEGETABLE SOUP WITH BREAD ROLL	SELECTION OF SANDWICHES	SELECTION OF FILLED PITTA BREADS & SALAD	SELECTION OF FILLED BAGELS



WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	CARROT AND CUCUMBER STICKS WITH HUMOUS DIP	PANCAKES WITH SPREAD	YOGURT WITH FRESH RASPBERRIES	APPLE SCONE WITH SPREAD	OATCAKES WITH SPREAD & CHERRY TOMATOES
LUNCH	VEGETABLE BOLOGNAISE WITH PASTA	STEAK AND MUSHROOM PIE TOPPED WITH SWEET POTATO MASH AND MIXED VEGETABLES	FISH ENCHILADAS WITH ROASTED VEGETABLE RICE	CHICKEN AND SWEETCORN LASAGNE WITH TOMATO AND CARROT SALAD	PORK CASSAROLE WITH BABY POTATOES AND CARROTS
ALWAYS AVAILABLE	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER
MID AFTERNOON SNACK	BLUEBERRY MUFFIN	CRACKERS WITH CHEESE	RICE CAKES WITH BANANA	BREADSTICKS WITH SOFT CHEESE DIP	BANANA LOAF
LATE AFTERNOON SNACK	SELECTION OF PANINIS	SELECTION OF WHOLMEAL SANDWICHES & SALAD	LENTIL SOUP WITH CRUSTY BREAD	SELECTION OF WRAPS	SELECTION OF FILLED PITTA BREADS